Alaska has the fifth lowest number of abortion restrictions in the country, along with 3 other states, and has passed 11 of 25 supportive policies. If the health of women and children is truly a concern for the state, policymakers’ time and effort would be better spent increasing the number of policies that are known to support women and children, rather than enacting harmful abortion restrictions.

**Abortion Restrictions**

1. Ambulatory surgical center standards imposed on facilities providing abortion
2. Hospital privileges or alternative arrangement required for abortion providers
3. Restriction on which health care providers may provide abortions
4. Gestational age limit for abortion set by law
5. Medication abortion restrictions
6. Method abortion bans
7. Restrictions on abortion coverage in Medicaid
8. Restrictions on abortion coverage in private health insurance plans
9. Restrictions on abortion coverage in public employee health insurance plans
10. Restrictions on the allocation of public funds

**Procedure Restrictions**

11. Mandatory counseling prior to abortion
12. Parental involvement required before a minor obtains an abortion
13. Requirement to have or be offered an ultrasound
14. Waiting periods required between time of first appointment and abortion
15. Bans on the basis of sex, race, or fetal diagnosis

**Coverage / Financial Restrictions**

16. Number of abortion providers per women aged 15-44 is below the national average
17. Health care providers can refuse to provide abortion services

**Questions Patient Decision-Making**

18. Trigger and/or pre-Roe abortion bans

**Supportive Policies**

1. Affordable Care Act Medicaid expansion
2. Telephone, online, and/or administrative renewal of Medicaid/CHIP
3. Above average Title X funding per patient
4. Contraceptive parity law in place
5. IVF insurance or fertility preservation laws
6. Medicaid income limit for pregnant women is at least 200% of the federal poverty line
7. Expanded family/medical leave beyond the FMLA
8. Maternal mortality review board established
9. Reasonable accommodations for pregnant workers
10. Restrictions on shackling pregnant prisoners
11. Paid sick leave
12. Workplace lactation rights beyond the federal requirements
13. Children can enroll in CHIP with no waiting period
14. Physical education for elementary, middle, and high school
15. Sex education mandate
16. HIV education mandate
17. Broad eligibility criteria for early intervention services for children at risk of developmental delay
18. Districts must provide full-day kindergarten
19. Firearm safety law(s) designed to protect children

**Supports Families’ Financial Health**

20. Families receiving TANF can keep child support collected on their behalf
21. State minimum wage is above the federal minimum
22. Income limit for childcare assistance is greater than 55% of state median income
23. No family cap policy or flat cash assistance grant
24. Individuals may be eligible for CCDF childcare subsidies if they are seeking employment

**Promotes Children’s and Adolescents’ Health, Education, and Safety**

25. Worksites, restaurants, and bars must be smoke free

Indicators are updated through 2019 or the most recent year data was available.